

**I couldn't be more impressed
with www.Veg-in-a-Box.com**

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It was like Christmas opening the chilled box that arrived by carrier. Wow – just WOW!









Set to work to shoot this lovely fresh produce with our I.O.Shen Knives. Prep hardly seems like handwork with I.O.Shen on your side!







Hope you like the final images – Now to work out the name of the long white thing... I feel like one of those city kids on the Jamie Oliver documentary that can't tell you what a carrot is unless it's out of a tin.

Many thanks to Julie from www.Veg-inaBox.com

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Thanks also to [I.O.Shen www.ioshen.co.uk](http://www.ioshen.co.uk)