

# I couldn't be more impressed with [www.Veg-inaBox.com](http://www.Veg-inaBox.com)

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It was like Christmas opening the chilled box that arrived by carrier. Wow – just WOW!











Set to work to shoot this lovely fresh produce with our I.O.Shen Knives. Prep hardly seems like handwork with I.O.Shen on your side!



richardbudd | DORSET  
FOOD&DRINK  
PHOTOGRAPHER







Hope you like the final images – Now to work out the name of the long white thing... I feel like one of those city kids on the Jamie Oliver documentary that can't tell you what a carrot is unless it's out of a tin.

Many thanks to Julie from [www.Veg-inaBox.com](http://www.Veg-inaBox.com)

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Thanks also to [I.O.Shen www.ioshen.co.uk](http://www.ioshen.co.uk)